

NISD HOLIDAY SWIM PRACTICES

10/9/2026	12/22/2026
10/12/2026	12/23/2026
11/2/2026	12/29/2026
11/3/2026	12/30/2026
11/23/2026	12/31/2026
11/24/2026	1/4/2027
11/25/2026	1/5/2027
12/21/2026	1/18/2027

Varsity holiday practices are from 8:00 am - 10:00 am
Junior Varsity holiday practices are from 8:00 am - 9:00 am

